5 ADDICTIONS THAT GREAT LEADERS AVOID



2. ADDICTED TO URGENCY

Some leaders love putting out fires.

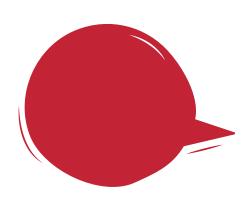
It's critical for leaders to pay the price to truly determine what is most important and share those priorities with their people. This helps everyone, including the leader, avoid reacting to urgent things and allows everyone to focus on what matters most..



4. ADDICTED TO ACTIVITY

Some leaders confuse activity with results.

Leaders need to remember that organizations don't exist to simply do things. They exist to deliver results. The game isn't to create the longest possible 'to do' list and check as much stuff off as possible. The game is to win on something that really matters.



1. ADDICTED TO NEW AND SHINY

Some leaders, have never met an idea they didn't like.

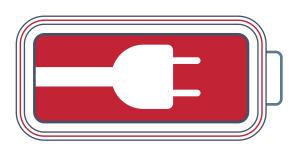
Sometimes the organization is ready to turn the page and take on a new approach, other times a new concept is needed to catalyze the group to get something done, but many times a leader becomes infatuated with the new and shiny just because it is new and shiny.



3. ADDICTED TO ROUTINE

Some leaders choose comfort and familiarity.

This works well for milk delivery, but not necessarily for team or organizational growth. Leaders should look at their calendars to see if they have fallen into this trap and, if so, push themselves to change things up and learn something new.



5. ADDICTED TO TALKING

Some leaders love to hear themselves talk.

The problem with talking too much is that you often learn nothing. If a leader wants to tap into an employee's passion then he or she needs to learn how to ask good questions and listen with the intent of understanding - not with the intent of responding.

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