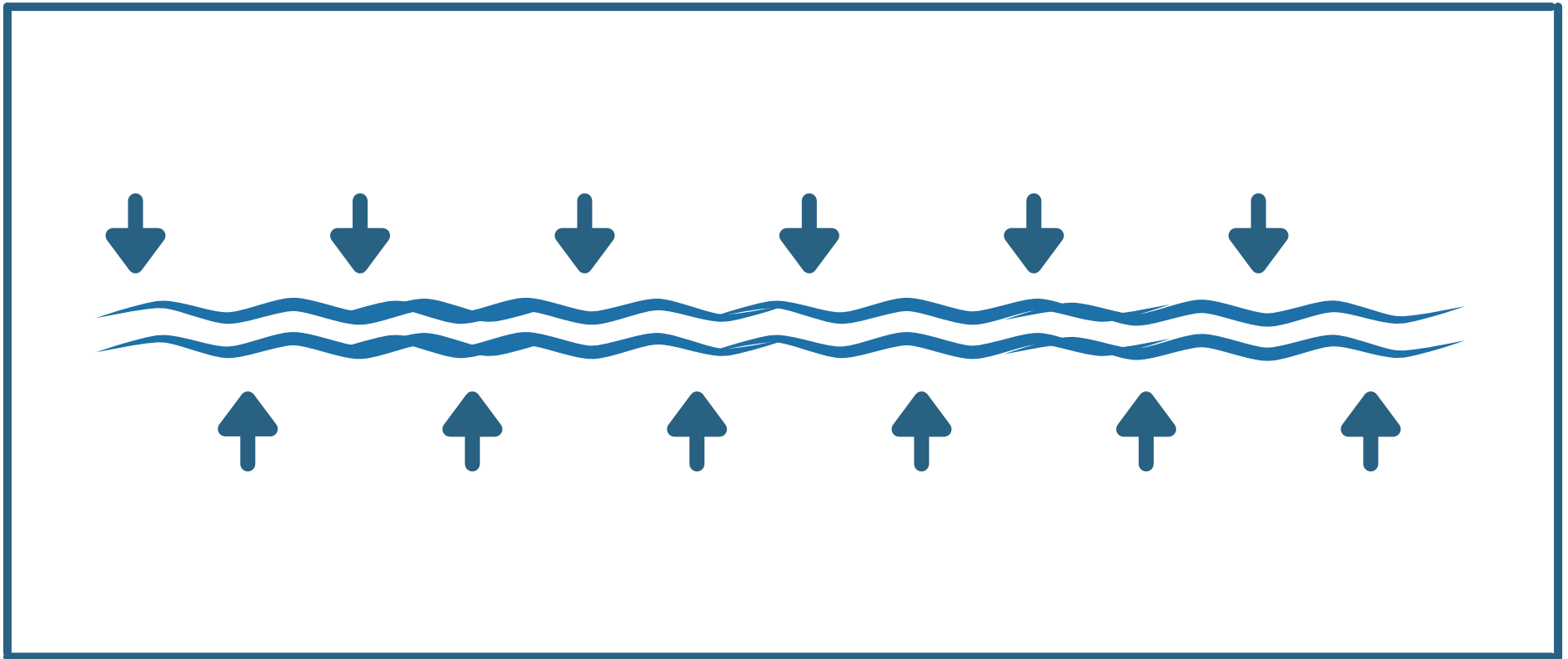


# MANAGING STRESS

## THE POWER OF THE PLIMSOLL LINE



How close is your Plimsoll Line to the water's surface?



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