

3 TYPES OF FUN AT WORK ON YOUR TEAM

Adventure minded people often talk about three types of fun. Take a moment to consider the last time each type showed up for your team and what you can do about it in the future.



Type 1 Fun

Type 1 Fun is fun in the moment and it's fun when you reflect back on the experience.

When was the last time your team experienced Type 1 Fun?

How can you experience it again soon?



Type 2 Fun

Type 2 Fun isn't fun in the moment, but it's fun when you reflect back on the experience.

When was the last time your team experienced Type 2 Fun?

How did the experience make your team stronger?



Type 3 Fun

Type 3 Fun isn't fun in the moment and it's not fun when you reflect back on the experience.

When was the last time your team experienced Type 3 Fun?

What did your team learn from the experience?